



would like to invite you to

OPEN SLOVENIAN MASTERS SHORT COURSE CHAMPIONSHIP 2023



Mestna občina
Ljubljana

Sunday, March 26th 2023 at 10.00 a.m.

Venue: Ljubljana, Kopališče Kodeljevo, Ulica Karla Benza 11, Ljubljana (25 m swimming pool)

Measuring: electronic, Timing PZS

Registrations are open online (www.riba-drustvo.si) until Thursday, March the 23rd (no follow-up entries).

For all additional information and questions please contact us at barbara@riba-drustvo.si, or by telephone at +386-31-742782 (Barbara)

Timetable:

- 8:45 – 9:00 registration
- 9:00 – 9:45 warm-up
- 9:45 – 10:00 opening ceremony

10:00 **COMPETITION, 1st PART**

- 50 freestyle
- 100 backstroke
- 400 free (and 400 individual medley)
- 100 butterfly
- 200 individual medley
- 50 backstroke
- 200 breaststroke
- **800 freestyle ***

30 minutes break

2nd PART

- relay 4x50 medley (F, M, mix 2+2)
- 100 breaststroke
- 50 butterfly
- 200 freestyle
- 50 breaststroke
- 200 butterfly
- 100 individual medley
- 200 backstroke
- 100 freestyle
- relay 4x50 freestyle (F, M, mix 2+2)

Note: the timetable is provisional and the organizer reserves the right to change the sequence and time of events based on received applications. Competitors are kindly asked to apply in time.

Categories:



masters, born in y. 1998 and older, and extra category A+ (18-24 y.o.)

18 – 24 A+	60 – 64 H
25 – 29 A	65 – 69 I
30 – 34 B	70 – 74 J
35 – 39 C	75 – 79 K
40 – 44 D	80 – 84 L
45 – 49 E	85 – 89 M
50 – 54 F	90 + N
55 – 59 G	

Competition rules:

The competition is held by rules of Swimming Association of Slovenia (PZS) and FINA. Competitors can compete in 6 individual events and relays. According to the reported times, they will be divided into groups (for each discipline). We will combine the male and female categories into a common start when necessary. Swimmers compete at their own risk and personal responsibility.

*** 800 freestyle registration.** All competitors must specify their time and need to confirm their participation at the registration desk before 9:15 a.m. (no follow-up entries)!

Entry fee: 30 €, snack and a t-shirt are included.

Awards:

The best competitors in the open category will get medals and diplomas for all categories from A+ to N). The best individuals (man and woman) in the sum of three results (FINA Masters point) will get a cup.

We will award diplomas and medals immediately after the end of the competition, therefore we kindly ask competitors to wait. We will not send diplomas by post.